

I AM FREE

Free...

- To Love
- To live
- To enjoy my life
- To enjoy my family and friends
- To enjoy my home
- To enjoy this world

Free from burdens and care. I pray and I act as God directs.

Free from worry. I am anxious for nothing but in everything by prayer and supplication with thanksgiving I make my requests known to God and God's peace which is beyond comprehension guards my heart and mind in Christ Jesus (Philippians 4).

Free to be ALL I desire to be —

FREE by the Power of the Living God.

FREE from the past, from abuse, mistakes, wasted time, contentiousness, bad decisions, bad words, negative thoughts, and negative opinions.

FREE. TO. BE. TODAY.

FREE to enjoy this present moment.

FREE TO BE Present in this moment.

Free from worries or concerns about tomorrow.

Free from regrets of yesterday.

I am HERE NOW and FREE to be IN THIS MOMENT...

to be fully present and live in it.

FREE to pay attention to this one moment I am in now.

FREE to pay attention to where I am here and now. To fully employ/use all the senses I have to take it all in.

I AM FREE because of Christ. FREE to soar throughout the universe and to commune with ancestors and angels.

I AM FREE OF fear.

I am free of self-imposed limitations and I damn the limitations others place on me. I AM FREE!

My life will always and only be what I make it! I make my life:

- Elegant
- Powerful

Prosperous
Full
Joyous
Loving
Peaceful
Eternal

My Destiny is secure!

AND SO IT IS!!!

We are using this time to work on and to adjust our self-understanding. Every day we must read from our new scripts. New and empowering, powerful declarations:

I AM A MIGHTY WO-/MAN OF GOD!
I AM WONDERFUL
I AM POWERFUL

When you write out your declarations, you are writing a new script.
When you read your declarations, you are rehearsing/re-hearing your new script.
When you read and affirm it over and over, your script is committed to memory and becomes a part of you.

Speaking is Creative Power!