

God is Our Healer

Then Jesus went about all the cities and villages, teaching in their synagogues preaching the Gospel of the Kingdom, and healing every sickness and every disease among the people.

Matthew 9:35

Roderick Dwayne Belin

HEALING

First, know this: it is God's desire that you be in good health and that you prosper as your soul prospers (3 John 2).

You are created in the image of God. Of all that God created, only you were declared to be "very good." You are the crown jewel of creation and have been stamped with God's seal of approval. Psalm 139 teaches that you are "fearfully and wonderfully made." You are a work of the hand of God and God loves you completely. The entire Bible is an account of God's love for you and how the Eternal God has moved in human history to bring you back into relationship with Him. God's desire is to be in a whole, healthy and intimate relationship with you.

When humankind took the trust they had always placed in God and placed it in another, sickness and death entered into the world. This is because taking your trust from God causes a breach in your relationship with God. God loves you and wants to be with you and feel your love in worship. When you put your complete trust in another you worship another. Whatever or whomever you put your trust in completely, you also give your love and worship. This is sin.

God, in Christ Jesus, has repaired this breach in your relationship with Him. God sent Jesus to bring you back to God. When you come to God through Jesus Christ you are restored to all the rights, privileges and responsibilities appertaining to that holy relationship. All of the rights, privileges and responsibilities can be summarized by two powerful words: ABUNDANT LIFE (John 10:10).

God has promised you a life that is overflowing. You were never meant to live with meager resources. You were created to live in a garden of plenty, of abundance. There is a yearning in you for abundance, and when you do not live in abundance you may experience disquietude. You are equipped by God with a desire for all God has for you. Frustration takes over your life when you desire abundance but do not know how to experience it.

Perfect physical health is one facet of the ABUNDANT LIFE! Embrace this truth. Poor health is not a part of God's plan for your life. God's love is present even when one's healing is not a physical cure. Long life is clear evidence of the blessings of God on your life (Psalm 91:16; Isaiah 65:20).

The ministry of Jesus Christ in the earth is a ministry of healing. In Jesus, God destroyed all that would dare to separate you from God.

Sickness and disease may sometimes be the result of separation from God. Separation should be non-existent for the believer: *For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord* (Romans 8:38-39). Jesus destroyed all that would separate you from God by the love Jesus acted out in His sacrifice on the cross. Furthermore, Jesus' resurrection has given you the power to be free from any condition that would seek to prevent you from being all that God intends. BELIEVE IT.

Know That God is True to His Word

When God speaks, things happen. God rules by the power of God's Word. The world in which we live was created by God through the power of God's Word spoken into the void. God's Word brings into existence what previously did not exist. God's Word brings order to chaos. God's Word gives life. God's Word, therefore, has creative power. God tells you this through the prophet Isaiah in Chapter 55: *8For my thoughts are not your thoughts, neither are your ways my ways, saith the LORD. 9For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts. 10For as the rain cometh down, and the snow from heaven, and returneth not thither, but watereth the earth, and maketh it bring forth and bud, that it may give seed to the sower, and bread to the eater: 11So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it.*

John 1:1-3 tells you why God has to be true to His Word: *In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him; and without him was not any thing made that was made.* You see, God can no more go back on His word than God can go back on Himself.

Numbers 23:19 emphasizes this point even more: *God is not like people. He tells no lies. God is not like humans. He doesn't change his mind. When God says something, He does it. When God makes a promise, God keeps it.*

God's Promises to You Concerning Your Health

It is important to know and study and absorb what God has said concerning your health. Take the time to go through this list of Scriptures. Study them and memorize them. Read these verses in their own context in the Bible. Fully digest them; you are what you eat!

Exodus 15:26 I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee.

2 Chronicles 16:9 For the eyes of the LORD run to and fro throughout the whole earth, to show himself strong in the behalf of them whose heart is perfect toward him.

Psalm 84:11 For the LORD God is a sun and shield: the LORD will give grace and glory: no good thing will he withhold from them that walk uprightly.

Psalm 91:1,16 He that dwelleth in the secret place of the Most High will abide under the shadow of the Almighty... "With long life I will satisfy him and show him My salvation."

Psalm 103:2-4 Bless the LORD, O my soul, and do not forget all his benefits – who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit...

Psalm 107:19-20 Then they cried out to the Lord in their trouble; He saved them out of their distresses. He sent His Word and healed them, and delivered them from their destructions.

Isaiah 53:5 He was wounded for our rebellious acts. He was crushed for our sins. He was punished so that we could have peace, and we received healing from his wounds.

Jeremiah 29:11 For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end.

Matthew 9:35 Then Jesus went about all the cities and villages, teaching in their synagogues preaching the Gospel of the Kingdom, and healing every sickness and every disease among the people.

Mark 16:17-18 *And these signs shall follow those who believe: in My Name they will cast out demons; they will speak with new tongues; they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover.*

Luke 6:17-19 *...and a great throng of people... who had come to hear Him, and to be healed of their diseases; and those who were troubled with unclean spirits were being cured. And all the multitude were trying to touch Him, for power was coming from Him and healing them all.*

John 10:10 *...I am come that they might have life and have it more abundantly.*

John 14:12 *Truly, truly, I say to you, he who believes in me, the works I do shall he do also, and greater works than these shall he do; because I go to the Father.*

2 Corinthians 4:7 *But we have this treasure in earthen vessels, that the surpassing greatness of the power may be of God and not from ourselves.*

James 5:13-18 *If any of you are having trouble, pray. If you are happy, sing psalms. If you are sick, call for the church leaders. Have them pray for you and anoint you with olive oil in the name of the Lord. (Prayers offered in faith will save those who are sick, and the Lord will cure them.) If you have sinned, you will be forgiven. So admit your sins to each other, and pray for each other so that you will be healed. Prayers offered by those who have God's approval are effective. Elijah was human like us. Yet, when he prayed that it wouldn't rain, no rain fell on the ground for three-and-a-half years. Then he prayed again. It rained, and the ground produced crops.*

Prayer is the Key to the Kingdom

There is nothing that cannot be accomplished from the tabernacle of prayer. There is no such thing as a hopeless situation. All is possible through prayer and belief. In prayer you are blessed with a great exchange:

- our sorrow for God's joy
- our need for God's supply
- our sickness and disease for God's perfect health
- our lack and need for God's abundance
- our fear for God's power, love and sound mind
- our defeat for God's victory
- the kingdom of the world for the Kingdom of God

All of this and more happen in the tabernacle of prayer. But we must remember that God is the object of prayer. The Jewish theologian Abraham Heschel uses the illustration of a pianist who performs a concert for the promise of pay. While in the midst of the performance no thought of pay enters her mind, because were her mind to stray to the money, her fingers might slip and strike the wrong key. So, he argues, it is with those who enter into the tabernacle of prayer. Some desired outcome may be the impetus for prayer but when you actually begin to pray, *God* becomes your desire and focus. Your sole desire and purpose in prayer must be intimacy with the Father. This worship and communion with the Father brings into your life all that you desire and more. This worship and communion brings you into a life of God's Presence, a life of complete abundance. This is the life of the Spirit. Taking care of the spirit-life is priority — for the health and prosperity of your spirit determines your overall health. Your inner life will manifest in your outer life.

So, you *must* spend a lot of time in prayer. Prayer is your life. Make time for prayer. Prayer IS your life. Prayer is your priority. Your life must be ordered around prayer for it is your communion with and worship of the Father.

The hymn writer Joseph Scriven gives you some incentive to pray:

*O what peace we often forfeit
O what needless pains we bear
All because we do not carry
Everything to God in prayer*

Although what Scriven reminds you of is a wonderful blessing, you have been promised so much more than just relief from present and

persistent confusion and pain. You have been promised **Abundance** (John 10:10) **Joy** unspeakable (1 Peter 1:8) and **Peace** that defies human comprehension (Philippians 4:7). You find it all in prayer.

How should you pray? Honestly and openly. You must be completely vulnerable before God. Pour out your heart to God and God will pour out His heart to you. The way to enter into the tabernacle of prayer is with thanksgiving and praise (Psalm 100:4). Gratitude and praise touches the heart of God, and God enthrones Himself in the midst. When you "think of the goodness of Jesus and all He's done" for you, your soul will cry out, "Hallelujah!" Praise primes the pump for the overflowing Presence of the Living Waters. It is at this moment that the Waters of God's Holy Spirit will take you where you need to go in prayer. Be sure to relax and go with the flow of God's Spirit. Admit with Paul that we do not know how to pray as we ought (Romans 8:26) and allow the Holy Spirit to use us to pray. "But you, beloved, build yourselves up on your most holy faith; pray in the Holy Spirit" (Jude 20).

In the Flow of God's Holy Spirit there is healing. All you need is in the Flow. God has promised us a life of **overflow**. Staying with God in prayer will cause your life to overflow with power and joy. How can it be otherwise for, in prayer, God will make known to you the path of life and you will have to declare, "In thy presence is fullness of joy, at thy right hand there are pleasures forever more" (Psalm 16:11).

Pray the Word of God

Now, we only pray according to the Word of God. We can also pray the Word of God, for God's Word is powerful. "The word of God is living and active, sharper than any two-edge sword..." (Hebrews 4:12) All the evidence we have in the Word of God convinces us that God hears and answers prayer. Pray and confess Psalm 91 and John 10:10 every day.

Be Persistent in Prayer

Be persistent. You have to remain committed to and consistent in prayer. Richard Foster teaches that praying through certain circumstances is like the constant stream of water that over time created the Grand Canyon. No explosives were involved but only a steady stream of water. Though sometimes your prayers don't create a spectacle of fireworks they are still powerful. The power of your

prayers is often imperceptible to the human senses but the work of prayer is still being done: the Kingdom is still being established.

You must go to God in prayer daily. Create a favorite place and time for communion with God. Read Luke 18:1-8. This passage teaches us that even the unrighteous will have to honor the requests of the persistent. How much more then will the All Righteous One do for those to continue in His Presence...

What You Are Supposed To Do

BELIEVE

God does require you to do something: BELIEVE. Believe is an action word. All God asks of you is to believe. The Gospel of John is clear about this. The word "believe" is used about 100 times in the Gospel of John. In fact, John tells you in 20:30-31: *Many other signs therefore Jesus also performed in the presence of the disciples which are not written in this book; but these have been written that you may believe that Jesus is the Christ, the Son of God; and that believing you may have life in His name.*

Your active belief accesses the power of God. The power of God is already and always available to you if you only believe. When the multitudes were seeking the power that Jesus demonstrated before them they asked Jesus how to get it: *"What shall we do, that we may work the works of God?" Jesus answered and said to them, "This is the work of God, that you believe in Him whom He has sent"* (John 6:28-29).

Belief in God and God's promises opens the door to possibility. Mark 9:23 clearly states, *"All things are possible to him who believes."*

The following Biblical passages are listed to encourage and increase your belief.

Mark 11:22-24 *Jesus said to them, "Have faith in God! I can guarantee this truth: This is what will be done for someone who doesn't doubt but believes what he says will happen: He can say to this mountain, 'Be uprooted and thrown into the sea,' and it will be done for him. That's why I tell you to have faith that you have already received whatever you pray for, and it will be yours.*

Matthew 17:20 *And he saith unto them, Because of your little faith: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.*

(This verse lets us know we do not have to have a huge amount of faith, we must USE the faith we have!

James 1:6-8 *When you ask for something, don't have any doubts. A person who has doubts is like a wave that is blown by the wind and tossed by the sea. A person who has doubts shouldn't expect to receive anything from the Lord. A person who has doubts is thinking*

about two different things at the same time and can't make up his mind about anything.

Romans 4:17-21 Abraham believed when he stood in the presence of the God who gives life to dead people and calls into existence nations that don't even exist. When there was nothing left to hope for, Abraham still hoped and believed. As a result, he became a father of many nations, as he had been told: "That is how many descendants you will have." Abraham didn't weaken. Through faith he regarded the facts: His body was already as good as dead now that he was about a hundred years old, and Sarah was unable to have children. He didn't doubt God's promise out of a lack of faith (did not stagger in unbelief). Instead, giving honor to God for the promise, he became strong because of faith and was absolutely confident that God would do what he promised.

Matthew 13:58 And He did not do many miracles there because of their unbelief.

Paul Rader wrote this hymn in the 1920s to encourage you today:

*Fear not, little flock, from the cross to the throne,
From death into life He went for His own;
All power in earth, all power above,
Is given to Him for the flock of His love.*

*Only believe. Only believe.
All things are possible only believe.
Only believe. Only believe.
All things are possible only believe.*

Build Yourself Up in the Faith

Now, do not focus excessively on your sickness. This is not time well-spent. We believe we have already sent it back to where it came from, and you are NOW in perfect health in the name of Jesus! See yourself in perfect health. Think about your perfect health. Act like you are in perfect health. Speak words of healing.

Listen only to what edifies you: music, sermons (that are sound). Download a Bible App which has audio features, or purchase a recording of the Bible on CD. Listen to the Gospel of John and the

Psalms over extended periods of time. (Alexander Scourby's recordings are recommended)

Write **Declarations of Perfect Health and Healing Scriptures** on cards and carry them with you at all times. Read them constantly. Replace negative thinking with the Word of God.

Never concern yourself with circumstances or what you can see with your eyes. Only be moved by what you BELIEVE. Nothing else has power to move you.

Replace all negative thoughts with a Declaration From God's Word

Edit your thoughts and your conversations. Replace every word and every thought that brings stress or ill-will with a Holy and Healing Declaration from God's Word. The weapons you use in your fight are not made by humans. Rather, they are powerful weapons from God. With them you destroy people's defenses, that is, their arguments and all their intellectual arrogance (even in your own mind) that oppose the knowledge of God. You now take every thought captive so that it is obedient to Christ (2 Corinthians 10:4-5).

Get your mind right according to Romans 12:1-2: *Brothers and sisters, in view of all we have just shared about God's compassion, I encourage you to offer your bodies as living sacrifices, dedicated to God and pleasing to him. This kind of worship is appropriate for you. Don't become like the people of this world. Instead, change the way you think. Then you will always be able to determine what God really wants—what is good, pleasing, and perfect.*

Colossians 3:2 *Set your mind on things above not on worldly things.*

Make sure you are feeding your mind what is appropriate at all times as Paul tells you in Philippians 4:8, *Finally, brothers and sisters, keep your thoughts on whatever is right or deserves praise: things that are true, honorable, fair, pure, acceptable, or commendable.*

Feed yourself the healing scriptures that are written here, and build yourself up in the faith.

Now, refrain from conversations with anyone who does not have the right scriptural understanding of God's plan for your life. So choose carefully, as you are led by God, with whom you share information about your path to healing. If they are not strong in the faith and do

not believe in God's power and desire to heal, do not give them your time OR YOUR EAR!!! This is the time to build yourself up in the faith.

Take Care of Your Body

It is yours to continue to minister health to your body: pamper your temple inside and out. Bathe and anoint yourself while thanking God for your healing. Feed yourself only what has nutritional value for your body, and thank God that He is ministering to you through the food you eat.

Exercise appropriately and thank God with every step and every movement.

Love yourself and your body. Talk to yourself and speak life and perfect health.

Laugh loud and often. Laugh, Laugh, Laugh. Do only what you enjoy.

Banish all stress and company-keeping with those who induce stress. EVEN RELATIVES! Stress and anxiety cause sickness.

Forgive others. Forgive yourself. No matter what you have done, or what has been done to you, LET IT GO NOW!!! Unforgiveness is deadly.

Feed Your Soul

Remember this: it is God's desire that you be in good health and that you prosper as your soul prospers (3 John 2).

Your soul is made up of your mind, feelings and will. So, replace all negative thoughts, feelings of hate and resentment, and unforgiveness with love. Be INTENTIONAL about this. It does not happen on its own. You have to make the decision to feed your soul what is healthy for it: good music, good words, beautiful things, laughter, the beauty of God's creation, early morning walks (if able).

Limit your time watching or reading the news and the negativity on television and the Internet. You can be informed without being saturated with all the negativity. Watch television programming that is positive and that will lift your mood.

Be Grateful

Gratitude: Thank God for your healing even when your healing is not evident to you. Thank God for everything that you see and are blessed by and enjoy. Say often, "Thank you God for my healing!" This is an act of faith and belief. You are declaring from your mouth what is true according to the Word of God.

Finally (for now)

Remember, God takes no glory in His children being sick. God takes no pleasure in our hurt or pain. Jesus was wounded for our transgressions and bruised for our iniquity. The chastisement of our peace is upon Him and with His stripes we are healed. Why should God bear the wounds, the bruises and the stripes that are due to us, and then we not walk in complete and perfect health? We mistreat God when we do not accept what God offers in our lives. It just makes sense to walk in the glory God plans for us. Beloved, above all, God your loving Father is deeply concerned about your health and well being. In the midst of your uncertainty, trust God to make you whole again.

A Ministry of Roderick Dwayne Belin