

Lenten Affirmations

I affirm:

Prayer is my priority.

I learn to love by loving.

I choose to be patient with myself.

The steadfast love of God never ceases.

Compassion wipes away anger and replaces it with love.

I will smile knowing that the joy of the Lord is my strength.

I choose to release and renew.

I choose gratitude over grumbling.

I am brave, strong, capable, and unique.

Today is a new day of getting better.

Worrying is useless!

God's got this and it is up to me to believe it!

Today and every day I am blessed!

Rev. Adunnola Waterman French
Lenten Season 2022

